

Teri D. Pentz MS, LPC, NCC, IMH-E®
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Post-Secondary Education

2005-2009 Masters of Science in Counseling Psychology
Chatham University, Pittsburgh, Pennsylvania

1986-1991 Graduate Studies in Special Education
Indiana University of Pennsylvania, Indiana, Pennsylvania

1980-1984 Bachelor of Science in Home Economics Education
with concentration in Child Development and Family Relations
Indiana University of Pennsylvania, Indiana, Pennsylvania

Licenses, Certifications and Endorsements

Endorsed Infant Mental Health Mentor—Clinical, Michigan Association for Infant Mental Health (MI-AIMH), May 2018-present

Rostered Child Parent Psychotherapy Supervisor, University of Maryland/UCSF Child Trauma Research Program, January 2015-present

Licensed Professional Counselor, Pennsylvania Bureau of Occupational Affairs, 2014-present

National Certified Counselor, National Board of Certified Counselors, 2014-present

Knowledge and Competencies

- Early Childhood Mental/Behavioral Health
- Child-Parent Psychotherapy
- Training/Professional Development
- Service Coordination/Case Management
- Administrative/Clinical/Reflective Supervision
- Adoption

Professional Experience

March 2009-Present

Matilda Theiss Child Development Center/WPIC, Pittsburgh, Pennsylvania

Apprentice Trainer/Supervisor for Child-Parent Psychotherapy (2015-present)

Psych Specialty Counselor Supervisor, IMPACT Program (2009 to present):

Participates in completion of diagnostic evaluations of young children, collecting and documenting background and social history data. Completes functional behavioral assessments; develops and implements behavioral intervention plans. Develops comprehensive treatment plans for young children with diagnosed mental health disorders, including disorders secondary to various forms of trauma. Provides individual and family-oriented psychotherapy to clients in community-based settings.

March 2003-March 2008

Center for Community Resources, Butler, Pennsylvania

Early Intervention Service Coordinator/Mental Retardation QMRP (January 2007-March 2008)

Director of Mental Retardation (March 2003-December 2006)

June 2001-February 2003**Clearfield-Jefferson MH/MR, Dubois, Pennsylvania**

Mental Retardation Program Specialist: Developed and implemented programs in accordance with statewide initiatives. Implemented training programs for Supports Coordination staff. Supervised Supports Coordination and Early Intervention Service Coordination programs.

Mental Health Delegate: Served as on-call crisis delegate responsible for determining need for involuntary commitment status and completion of warrants for "302" psychiatric hospitalization.

Member, Mental Health Emergency Response Team: Served as mental health support professional to emergency and rescue workers, victims and survivors of critical incidents.

December 2000-June 2001**Choice Enterprises, Inc., Clarion, Pennsylvania**Residential Program Coordinator**June 1995-December 2000****Cameron, Elk, McKean MH/MR, Bradford, Pennsylvania**

Dual Diagnosis Coordinator (January 2000-December 2000): Developed and coordinated intensive MH/MR case management and support programs, including supports for victims of trauma and abuse through institutionalization. Trained and supervised Behavioral Health support staff.

Mental Retardation Coordinator (May 1998-January 2000)

Case Management Supervisor (June 1995-May 1998)

December 1994-June 1995**Clearfield Mental Health Center, Clearfield, Pennsylvania**EPSDT Wrap-Around Therapeutic Support Staff**November 1992-June 1995****Bethphage Mission East, Dubois, Pennsylvania (April 1995-June 1995)****Goodwill Industries, Inc., Dubois, Pennsylvania (November 1992-April 1995)**Residential Program Specialist**June 1986-November 1992****Cen-Clear Child Services, Phillipsburg, Pennsylvania**

Early Intervention Specialist: Planned and taught classes for children with special needs, including developmental delays secondary to premature birth, complex medical histories and trauma. Supervised teachers and classroom activities for the Early Intervention programs.

Selected Additional Professional Training:

Child-Parent Psychotherapy Apprenticeship Mentor Program, Pittsburgh, PA 2017 (current)

Incredible Years Teacher Classroom Management Group Leader, Chapel Hill, NC, 2015

Child-Parent Psychotherapy Clinician Certification, Pittsburgh, PA,
August 2013-January 2015

Child-Parent Psychotherapy Supervisor Certification, Pittsburgh, PA,
August 2014-January 2015

Secure Attachment: The Foundation of Children's Healthy Development with Jude Cassidy, Ph.D., Pittsburgh, PA, February 2014

National Child Traumatic Stress Network Core Curriculum on Childhood Trauma,
Matilda Theiss Child Development Center, Pittsburgh, PA, March-April 2014

Office of Mental Retardation Intensive Training Institutes:

Trauma Institute, October 1999-March 2000

Mood Disorder Train-the-Trainer, 1997

Clinical Training Institutes, 1996-1998

Presentations

Pentz, T., Blair, K., & McKelvey, P. (2018) Treating Trauma in Young Children: Using CPP in Community Programs.

Pennsylvania Office of Mental Health and Substance Abuse Services 20th Children's Interagency Conference, State College, PA. May 2018.

Pentz, T., Jones, S., & Singletary, B. (2017) Child-Parent Psychotherapy Beyond the Clinic: Integrating Evidence-Based Trauma Intervention Through Community BHRS Settings.

Pennsylvania Association for Infant Mental Health Annual Conference (PA-AIMH Annual Conference). Philadelphia, PA. October 2017.

Pentz, T., Webster, P. & Herman, M. (2012) Children of Adoption in Inclusive Early Childhood Programs: Understanding the unique developmental, social and psychological needs of adopted children and their families.

Pennsylvania Association for Infant Mental Health Western Region Breakfast Networking Event. Washington, PA. April 2019.

PA-AIMH Annual Conference, Philadelphia, PA. October 2017.

PA-AIMH Annual Conference, Pittsburgh PA. October 2015.

National Association for the Education of Young Children Annual Conference & Expo (NAEYC Annual Conference). Washington, D.C. November 2013 (3 hours).

NAEYC Annual Conference, Atlanta, GA. November 2012 (90 minutes).

Pentz, T. & Herman, M., (2015) How Early Experiences shape Early Relationships.

Presented at "Emotionally Unavailable" Conference. Pittsburgh, PA. May 2017.

Presented for Southwest Regional Key. Carriage House Child Development Center, Pittsburgh PA. April 2015.

McKelvey, P., & Pentz, T. (2016) Trauma: The Early Childhood Perspective.

Western Psychiatric Institute and Clinic of UPMC, Office of Education and Regional Programming.

McKelvey P., & Pentz, T. (2016) Early Childhood Behavioral Health and Trauma Treatment.

Presented for Chatham University and Slippery Rock University. Hill House Association, Pittsburgh, PA.

Blair, K, & Pentz, T. (2016) Working with a child who is Diagnosed with Selective Mutism.

Western Psychiatric Institute and Clinic of UPMC Psychiatric Resident Education. Pittsburgh, PA.

Pentz, T. & Clifford, B. (2015) Don't Just do Something, Sit There: Lessons Learned using Child-Parent Psychotherapy in Brief Treatment Mobile Therapy.

PA-AIMH Annual Conference, Pittsburgh, PA. October 2015.

Pentz, T., & McKelvey, P. (2015) Diverse Families and Building Collaborative Relationships.

Presented for Southwest Regional Key. Carriage House Children's Center, Pittsburgh, PA.

McKelvey, P., Pentz, T., White, M. & Clifford, B. (2014) Child Adult Relationship Enhancement (CARE) for Daycare Professionals.

Presented at Office of Child Development, Pittsburgh, PA.

Presented at Matilda Theiss Child Development Center, Pittsburgh, PA.

McKelvey, P., Blair, K., Pentz, T., White, M. & Clifford, B. (2013) Child Adult Relationship Enhancement (CARE) for Daycare Professionals.

Presented at Western Psychiatric Institute and Clinic of UPMC, Pittsburgh, PA. (2014)

Presented at Magee Women's Hospital of UPMC. Pittsburgh, PA. (2013)

Committee Memberships

May 2004-January 2007

Area Representative, Statewide Positive Practices Committee, Pennsylvania Office of Mental Retardation; Member, Regional Steering Committee

November 2002

Instructor, Training on Dual Diagnosis, Community College of Allegheny County

September 2002

Presenter, Statewide Dual Diagnosis Forum

February 2002 and February 2000

Presenter, Everyday Lives State Conference, Pennsylvania Office of Mental Retardation

October 1999-December 2000

Community Member, Statewide Dual Diagnosis Task Force, Pennsylvania Office of Mental Retardation & Pennsylvania Office of Mental Health/Substance Abuse

1998-1999

Leadership Work Group, President's Committee on Mental Retardation

Extensive experience in training, team building, and facilitating support teams for persons with multiple diagnoses.

Extensive experience in program development implementing Best Practice, Person Centered Practice Principles, and specialized supports for persons with Mental Retardation.

Publications

Striving for Excellence in Support Coordination (co-author),

The Pennsylvania Journal on Positive Approaches, Volume 6 Number 2, Fall 2004.

The Forgotten Team Member: The Psychiatrist as an Integral Part of the Team Process,

The Pennsylvania Journal on Positive Approaches, Volume 5 Number 2, Fall 2003.